

ENAR Therapy System Certificate Training Day

Program Purpose:

“To learn the basic theory and approaches to ENAR therapy and to then learn how to apply that knowledge in more advanced practical treatment protocols at basic and intermediate levels.”

Program Content:

Apart from **the Basics** from the “101 Ways” Manual, including **Device Operation** and the **Core Techniques** (as per DVD), eg 3 Pathways and 6 Points, the ENAR Certificate Training Day covers an **ADDENDUM Agenda** of **more advanced protocols** and assistance to become a **Certified ENAR Therapist** *

* *Qualifies therapists to include ENAR in their insurance.*

ENAR 1 Day ADDENDUM

1. Effects of ENAR Therapy
2. Contraindications-Precautions
3. Frequency and Power
4. History taking
5. Informed Consent
6. Client Assessment
7. Client Assessment with VAS and Functional Assessment
8. The Horizontals
9. The Reciprocals
10. Raelzel Dynamic Method
11. Collar Zone
12. Little Wings
13. Use of Mushrooms and Frozen Shoulder Technique
14. Use Of accessories
15. The Energy Blanket
16. Treatment Record
17. Self-Clearing techniques

ENAR 1 Day RESOURCES

1. Addendum Manual
 2. Info Resources CD
 3. 101 Ways Colour Manual*
- ...Please bring your 101 Ways Manual*

Enlightened Therapies Pty Ltd
Ph: (61+2) 8732 7400 or 1300 305 107
www.enlightenedtherapies.com

